



Economic and Social Council

Distr.: General
7 December 2017

Original: English

Commission on the Status of Women

Sixty-second session

12–23 March 2018

Follow-up to the Fourth World Conference on Women and to the twenty-third special session of the General Assembly entitled “Women 2000: gender equality, development and peace for the twenty-first century”

Statement submitted by WOOMB International Ltd, a non-governmental organization in consultative status with the Economic and Social Council*

The Secretary-General has received the following statement, which is being circulated in accordance with paragraphs 36 and 37 of Economic and Social Council resolution [1996/31](#).

* The present statement is issued without formal editing.



Statement

Written Statement of WOOMB International for the 62nd session of the Commission on the Status of Women: Challenges and opportunities in achieving gender equality and the empowerment of rural women and girls, United Nations Headquarters, New York, March 12–23rd, 2018.

Gender equality is truly attained with the successful transmission of the Billings Ovulation Method® for fertility health and reproductive regulation by addressing the needs of rural women and girls succinctly and definitively and by facilitating the empowerment of women through communications technologies in the knowledge of the Billings Ovulation Method® and its supplementation of sustainable development worldwide. WOOMB International, World Organization Ovulation Method® Billings, has 41 national affiliates around the world which provide authentic teacher training seminars and materials concerning fertility regulation to millions of women through teaching centres in over 100 countries, ensuring they receive the best reproductive knowledge available to them. For over sixty years, the Billings Ovulation Method®, founded by Drs John and Evelyn Billings of Melbourne, Australia has been helping women understand fertility, empowering them to regulate their sexual faculties in response to their current health and economic lifestyles.

The knowledge of the Billings Ovulation Method® is easily acquired by women, even allowing those most rurally situated to comprehend and implement it. Understanding the integrity of their own sexuality has allowed women to improve their economic and cultural livelihoods, respective of their varying ethnical experiences and geographies. As trained and accredited fertility educators, our teachers impart a cohesive, natural system of fertility awareness which enables women to control their sexual and reproductive health omitting the need for them to rely on artificial interventions. In actuality, very little material is needed by the user of the Billings Ovulation Method®, as it is adaptable to all cultures and environments. This is particularly beneficial, as many women in rural situations are limited in possession of means and material goods. The Billings Ovulation Method® uses the possession of knowledge as its primary concern and once acquired, women can retain and utilize this knowledge successfully throughout their reproductive years.

Teaching centres in developing countries from Nicaragua to Uganda to Pakistan to Vietnam to the Philippines help indigenous women learn the Billings Ovulation Method® to facilitate their reproductive health needs through education and support. Where fertility awareness of the reproductive system is taught to girls in schools through the research and science of the Billings Ovulation Method®, the girls gain a greater appreciation for their feminine powers and a healthy respect to safeguard them from disease and abnormalities. As the Billings Ovulation Method® depends upon the reliable transmission of information from teacher to woman, teaching workshops can be conducted with minimal materials and finances required, making it the ideal solution for promoting responsible parenthood among the economically poor.

Long before the internet facilitated global communications, the Billings Ovulation Method® had traversed every continent, empowering women to assert control within their fertility and sexual health. It is easy to learn, simple to use, virtually cost free and entails no adverse side effects. The information of the Billings Ovulation Method® has been made more readily accessible to women by the advancement of the internet and the many forms of digital mediums worldwide. Many women in developing countries have some form of access to the internet

through personal computers and smart phones with their applications, and use this technology to monitor the use of the Billings Ovulation Method[®] in their daily lives. WOOMB France remains in contact with teachers in several Francophone African countries via email to ensure they can give the best possible fertility care to the women they service, as well as to provide online teaching of the Billings Ovulation Method[®] to many women in remote areas.

Our two official websites, WOOMB International, Ltd www.woombinternational.org, and the official website for the Billings Ovulation Method[®], www.billings.life, along with numerous national and locally affiliated websites disseminate information on the Billings Ovulation Method[®] and encourage women to contact their country's association so they may receive proper and timely instruction via the internet. Many women in numerous countries enjoy the use of the official Billings Ovulation Method[®] digital charting resources, Fertility Pinpoint, www.fertilitypinpoint.com, and www.nfpcharting.com from the comfort of their homes to regulate their fertility and benefit from the ability to contact local teachers when necessary. As in Trinidad and Tobago, the Billings Ovulation Method[®] Association has seen the benefit of women utilizing communication technology to enquire as to how to monitor their reproductive health and plan their families naturally, economically and efficiently.

The recognition of gender equality in the empowerment of women and girls by universal acclamation of the dignity of each woman in every country and culture is best accomplished and established by achieving the 17 sustainable development goals as adopted by the United Nations Sustainable Development Summit of 2015. WOOMB International supports the objectives of several of these goals through the realization of women's empowerment with education in and implementation of fertility and sexual health through the Billings Ovulation Method[®] of Natural Fertility Regulation. Fertility health and well-being assist in the assertion of worthwhile education and the equality of women to men, a much-needed reality in the pursuit of gender reciprocity. As a natural regulator of fertility, the Billings Ovulation Method[®] encourages personal sanitation to be elevated in harmony with that of the woman's environment and aids in the availability of clean water through the refrain of pervasive contraceptive chemicals. Through the Billings Ovulation Method[®], women comprehend the substantial role their fertility affords them and are equipped to utilize that knowledge to improve their employment condition and economic growth. This supports a reduction in the inequalities often experienced by providing women with the necessary partnerships and environments to succeed.